

# **CHESHUNT SWIMMING CLUB**

(Affiliated to Herts ASA & ASA East Region)

**Invite you to their**

## **5<sup>th</sup> OPEN MEET**

(Under ASA Laws and ASA Technical Rules)

**SUNDAY 4th OCTOBER 2009**

At The Venue

Borehamwood

25 metre 8-lane deck level pool

Electronic Timing

9, 10, 11 years 50m all strokes & 100m IM  
12, 13, 14, 15+ 100m all strokes & 100m IM

Age as at 4th October 2009

Top Visiting Club Trophy



Affiliated to  
ASA East Region

# CHESHUNT S.C.

## OPEN MEET

(Under ASA Laws and ASA Technical Rules)

Sunday 4<sup>th</sup> October 2009

### Programme of Events

#### SESSION 1 START 9.00am WARM-UP 8.00am

#### Boxes will close at 8.30am

1	GIRLS	11 years and under	100m	INDIVIDUAL MEDLEY
2	BOYS	11 years and under	100m	INDIVIDUAL MEDLEY
3	GIRLS	12+ years	100m	BUTTERFLY
4	BOYS	12+ years	100m	BUTTERFLY
5	GIRLS	11 years and under	50m	BACKSTROKE
6	BOYS	11 years and under	50m	BACKSTROKE
7	GIRLS	12+ years	100m	BREASTSTROKE
8	BOYS	12+ years	100m	BREASTSTROKE
9	GIRLS	11 years and under	50m	FREESTYLE
10	BOYS	11 years and under	50m	FREESTYLE

#### SESSION 2 START 2.00pm WARM-UP 1.00pm

#### Boxes will close at 1.30pm

11	GIRLS	12+ years	100m	INDIVIDUAL MEDLEY
12	BOYS	12+ years	100m	INDIVIDUAL MEDLEY
13	GIRLS	11 years and under	50m	BUTTERFLY
14	BOYS	11 years and under	50m	BUTTERFLY
15	GIRLS	12+ years	100m	BACKSTROKE
16	BOYS	12+ years	100m	BACKSTROKE
17	GIRLS	11 years and under	50m	BREASTSTROKE
18	BOYS	11 years and under	50m	BREASTSTROKE
19	GIRLS	12+ years	100m	FREESTYLE
20	BOYS	12+ years	100m	FREESTYLE

# C H E S H U N T O P E N M E E T

(Under ASA Laws and ASA Technical Rules)

**Sunday 4th October 2009**

## CONDITIONS OF ENTRY

1. Competitors must comply with the Conditions set out below. Failure to do so will result in disqualification.
2. The competition will be held under ASA Laws and ASA Technical Rules.
3. Swimmers must be ASA Registered Competitors.
4. Age groups will be 9, 10, 11, 12, 13, 14, 15 and over. Ages shall be taken as at Sunday 4th October 2009
5. The promoter reserves the right to return entries if events are over-subscribed based on a first come first served basis
6. Competitors will be listed on the programme in graduated time order, slowest first. Swimmers who do not submit an entry time will be entered as the slowest.
7. Results will be decided on a '**Heat Declared Winner**' basis for all events.
8. **All** entry cards must be posted 30 minutes prior to the start of the session.
9. A swimmer who fails to post his entry card by the specified time forfeits his right to compete. Late posting of cards will only be accepted at the discretion of the Referee and if there is space in the declared heats.
10. Swimmers of each event must report to the marshalling area as requested by the Announcer. It is swimmers and coaches responsibility to make sure they are at marshalling area.
11. Trophies/Medals will be awarded to the top six in each event. Awards are to be collected from the trophy table following posting of the results.
12. A trophy will be awarded to the top visiting club on a basis of points scored for each age group in each event as follows:

1 <sup>st</sup> Place – 6 points	2 <sup>nd</sup> Place – 5 points	3 <sup>rd</sup> Place – 4 points
4 <sup>th</sup> Place – 3 points	5 <sup>th</sup> Place – 2 points	6 <sup>th</sup> Place – 1 point
13. Swimmers must wear suitable clothing and footwear on poolside. Swimmers wearing wet clothing are **not** allowed in the spectator seating area.
14. The **Referee's Decision** is final
15. Over the top starts will be used whenever possible.
16. The promoters reserve the right to refuse admission to any person.
17. The promoters cannot accept liability for any losses or damage to property that may occur.

**Glass containers of any kind are not permitted on poolside.**

**[www.cheshuntsc.co.uk](http://www.cheshuntsc.co.uk)**

# CHESHUNT SWIMMING CLUB

(Affiliated to Herts ASA & ASA East Region)

## OPEN MEET - 4<sup>th</sup> October 2009 - ENTRY FORM

<b>First Name</b>		<b>Surname</b>	
<b>Home Address</b>		<b>Phone number</b>	
		<b>E-Mail Address</b>	
<b>Date of Birth</b>		<b>Club</b>	
<b>ASA Number</b>	<b>Age as at 4<sup>th</sup> October 2009</b>	<b>Male/Female</b> Delete as Applicable	

<b>Event number</b>	<b>Distance</b>	<b>Stroke</b>	<b>Entry Time</b>

### DECLARATION

I understand that only **fully and correctly completed** entries which are in the hands of the person named below **by the relevant closing date** will be accepted. I hereby declare that:

- I accept and will abide by the Conditions laid down by Cheshunt Swimming Club -as circulated with the Meet entry information
- I will comply with all pool management safety conditions,
- All the particulars I have given are correct.

Total entry fees enclosed

£

Signed (swimmer) \_\_\_\_\_

### RECEIPT and PAYMENT

This form must be **received** by the person named below **by Fri 4<sup>th</sup> September 2009**

It must be accompanied by the entry fee of £4.00 per event

Acknowledgement of acceptance will be indicated by the issue of Entry Card(s).

### ALL ENTRIES TO BE SENT TO

Mr M.Williams,34 Martins Drive, Cheshunt, Hertfordshire, EN8 0RP

**Cheshunt Swimming Club**  
**Open Meet**  
**4<sup>th</sup> October 2009**

**ENTRIES SUMMARY FORM**

CLUB		
CONTACT NAME		
ADDRESS		
POST CODE		
TELEPHONE NO.		
EMAIL ADDRESS		Results will be posted on website

NUMBER OF FEMALE ENTRIES @ £4.00		=	£
NUMBER OF MALE ENTRIES @ £4.00		=	£
NUMBER OF COACH PASSES @ £15.00 each		=	£
TOTAL REMITTANCE			£

**CHEQUES MADE PAYABLE TO Cheshunt S.C.**

I certify that the above information is correct.....Club Official
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**All Entries Summary Forms with their Individual Entry Forms, accompanied by the full entry fees and a large (9" x 6") envelope for the return of entry cards, to be sent to:**

**Mr Martin Williams**  
**34 Martins Drive**  
**Cheshunt**  
**HERTS**  
**EN8 0RP**