



Cheshunt Swimming Club – 19th Annual Open Meet - Qualifying Times



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FEMALE UPPER LIMIT TIMES – NO FASTER THAN – AGE AS AT 26 th OCTOBER 2024								
STROKE	9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16 & Over
50m Back	39.90	36.67	34.81	33.25	32.15	31.47	30.46	29.80
50m Breast	45.78	41.65	39.20	37.15	35.75	35.10	34.22	32.80
50m Fly	38.80	35.05	33.10	31.35	30.50	29.78	28.50	27.90
50m Free	34.60	32.12	30.65	29.30	28.50	27.59	27.16	26.60
100m Back	1:14.00	1:12.00	1:10.29	1:08.40	1:06.79	1:04.86	1:03.66	1:02.20
100m Breast	1:23.00	1:21.00	1:19.34	1:17.50	1:16.00	1:15.42	1:15.30	1:13.70
100m Fly	1:13.00	1:11.00	1:09.65	1:07.70	1:06.62	1:05.53	1:04.30	1:02.50
100m Free	1:05.00	1:03.50	1:02.01	1:01.10	1:00.21	59.21	58.45	57.50
100m IM	1:22.67	1:16.79	1:11.26	1:07.66	1:04.70	1:04.20	1:02.00	1:00.50
400m Free		5:05.00	4:59.00	4:51.86	4:42.16	4:36.93	4:29.26	4:24.21

OPEN/MALE UPPER LIMIT TIMES – NO FASTER THAN – AGE AS AT 26 th OCTOBER 2024								
STROKE	9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16 & Over
50m Back	38.60	35.70	34.00	32.00	30.10	29.12	27.20	26.20
50m Breast	43.60	40.20	37.70	35.20	33.10	31.60	29.30	28.30
50m Fly	36.50	33.20	31.00	29.30	27.50	26.20	25.10	24.50
50m Free	33.50	31.30	29.80	28.15	26.80	25.65	24.20	23.80
100m Back	1:12.00	1:10.00	1:08.00	1:06.80	1:04.93	1:01.53	1:00.00	58.50
100m Breast	1:22.00	1:20.00	1:18.00	1:16.90	1:14.40	1:10.50	1:06.10	1:04.50
100m Fly	1:12.00	1:10.00	1:08.00	1:06.30	1:04.54	1:01.57	57.10	55.80
100m Free	1:06.00	1:04.00	1:02.00	59.90	57.85	55.70	52.20	51.50
100m IM	1:25.92	1:19.68	1:10.67	1:06.74	1:02.87	1:02.48	1:00.00	58.50
400m Free		5:10.00	5:05.00	4:57.00	4:37.62	4:32.40	4:19.17	4:14.15