



Cheshunt Swimming Club – 20th Annual Open Meet - Qualifying Times



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	FEMALES UPPER LIMIT TIMES – NO FASTER THAN – AGE AS AT 25 th OCTOBER 2025							
STROKE	9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16 & Over
50m Back	39.90	36.67	34.81	33.25	32.15	31.47	30.46	29.80
50m Breast	45.78	41.65	39.20	37.15	35.75	35.10	34.22	32.80
50m Fly	38.80	35.05	33.10	31.35	30.50	29.78	28.50	27.90
50m Free	34.60	32.12	30.65	29.30	28.50	27.59	27.16	26.60
100m Back	1:14.00	1:12.00	1:10.29	1:08.40	1:06.79	1:04.86	1:03.66	1:02.20
100m Breast	1:23.00	1:21.00	1:19.34	1:17.50	1:16.00	1:15.42	1:15.30	1:13.70
100m Fly	1:13.00	1:11.00	1:09.65	1:07.70	1:06.62	1:05.53	1:04.30	1:02.50
100m Free	1:05.00	1:03.50	1:02.01	1:01.10	1:00.21	59.21	58.45	57.50
100m IM	1:22.67	1:16.79	1:11.26	1:07.66	1:04.70	1:04.20	1:02.00	1:00.50
400m Free		5:05.00	4:59.00	4:51.86	4:42.16	4:36.93	4:29.26	4:24.21

	OPEN/MALES UPPER LIMIT TIMES – NO FASTER THAN – AGE AS AT 25 th OCTOBER 2025							
STROKE	9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15 YRS	16 & Over
50m Back	38.60	35.70	34.00	32.00	30.10	29.12	27.20	26.20
50m Breast	43.60	40.20	37.70	35.20	33.10	31.60	29.30	28.30
50m Fly	36.50	33.20	31.00	29.30	27.50	26.20	25.10	24.50
50m Free	33.50	31.30	29.80	28.15	26.80	25.65	24.20	23.80
100m Back	1:12.00	1:10.00	1:08.00	1:06.80	1:04.93	1:01.53	1:00.00	58.50
100m Breast	1:22.00	1:20.00	1:18.00	1:16.90	1:14.40	1:10.50	1:06.10	1:04.50
100m Fly	1:12.00	1:10.00	1:08.00	1:06.30	1:04.54	1:01.57	57.10	55.80
100m Free	1:06.00	1:04.00	1:02.00	59.90	57.85	55.70	52.20	51.50
100m IM	1:25.92	1:19.68	1:10.67	1:06.74	1:02.87	1:02.48	1:00.00	58.50
400m Free		5:10.00	5:05.00	4:57.00	4:37.62	4:32.40	4:19.17	4:14.15